



# Breakfast - Lunch - Coffee - Tea - Desserts

MONDAY - SATURDAY FROM: 8 AM - 5 PM

We nurture our team to nourish our community

come bask in our sunshine

@sunshineghana
@sunshineplatters
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MOMO: 0554 887 920 - Little India Ltd

# **Dips**

all kinds of dips to get you started

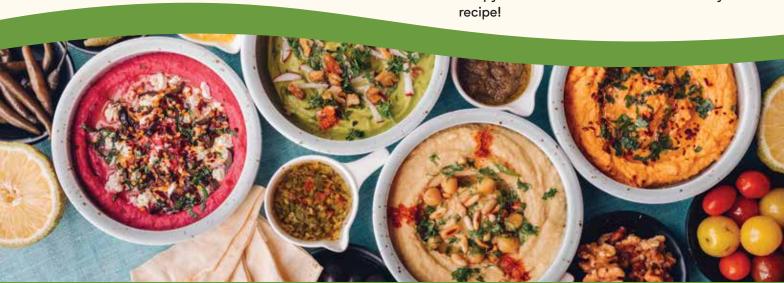
- Traditional Hummus ¢ 120
   Garnished with Whole Chick Peas & Pine Nuts (vegan)
- Beetroot Hummus ¢ 120
   Garnished with Crumbly Feta & Black Olives (veg)
- Avocado Hummus \$ 120
   Garnished with Sliced Radishes & Chili Flakes (vegan)
- Chili Hummus ¢ 120
   Garnished with Pistachios & Kidney Beans (vegan)
- Babaghanouj \$ 120
   Smoky Aubergine Dip Topped with Dried Pomegranate & Fresh Herbs (vegan)
- Guacamole Salsa & Sour Cream \$ 120
   Served with Crispy Tortilla Chips (veg)



- Garlic Bread \$80
   Burger Buns Toasted with our In-house Garlic Butter
- Cheesy Garlic Bread \$90
   Burger Buns Toasted with Cheese & Garlic Butter
- French Fries ¢ 80Needs No Explanation!
- Masala Fries ¢ 80
   Fries Tossed with our In-house Indian Masala Spice
- Aubergine Crisps ¢130
   Crispy Battered Aubergines Marinated in Yoghurt Sauce
- Mozzarella Sticks ¢130
   Crispy Battered Mozzarella with Marinara Sauce

- Halloumi & Courgette Fritters ¢ 120
   Battered & Fried Cheese & Veg
- Spring Rolls ¢ 15
   Veg or Chicken 20 year old recipe!
- Samosas ¢ 15
   Veg, Meat or Chicken 20 year old recipe!
- Grilled Aubergines ¢ 130
   Feta, Olives, Chili & Mint Served with Crispy Pita
- Beetroot & Millet Falafels ¢ 120
   Served with Pickles, Veggies, Tahini Dip & Pita Bread
- Chicken Wings \$130
   Crispy or Sweet Chilli Sauce another 20 year old recipe!





# For the Early Birds

A Full English - ¢165

Eggs, Sausages, Hash Browns, Bacon, Mushrooms, Baked Beans, Toast Choice of Beef, Chicken or Pork Sausages

Veggie Sunrise - ¢165

Eggs, Veggie Sausages, Mushrooms, Hash Browns, Baked Beans, Crispy Tofu, Toast (Vegetarian. Request for no eggs to make it vegan)

Shakshuka - ¢165

Turkish Egg Stew Served with Avocado & Crispy Bread

Dreamy Trio - \$130

Pancake with Syrup, Chocolate Pancake with Chocolate Sauce, Lemon Pancake with Honey

Breakfast Quesadillas - \$165

Mexican Tortilla filled with Eggs, Avocado, Bacon & Cheese

## **Platters**

serves 2 people

Mezze Platter Vegetarian - ¢290
 Hummus, Falafel, Cheese Sambusik, Batata Harra, Pita Bread, Vegetables (veg)

Mezze Platter Meat - ¢ 290
 Hummus, Kibbeh, Chicken Wings, Meat Sambusik, Pita Bread, Vegetables

Indian Veggie Platter - ¢ 290
 Paneer Tikka, Veg Samosa, Pakoda, Masala Potatoes, Roti, Chutney (veg)

Indian Meat Platter - ¢ 290
 Chicken Tikka, Masala Fish, Lamb Kebab, Meat Samosa, Roti, Chutney

Street Corner Special - \$240 (serves 1)
 Crispy Calamari, Pepper Wings, Yam Cubes, Mixed Salad

## Low Carb Pita Pizza

- Pizza Margherita \$ 180
   Tomato, Cheese & Oregano (veg)
- Pizza Cleopatra ¢ 180
   Spinach & Mushrooms (veg)
- Pizza Michelangelo \$180
   BBQ Chicken, Sweetcorn & Caramelized Onions
- Pizza Isabella \$ 180
   Ham, Mushrooms & Peppers



# Veggie Wonders

- Ruby Red Beetroot, Quinoa & Orange Salad \$180
   Lettuce, Cucumbers, Sun Dried Tomatoes, Quinoa, Pickled Beets,
   Orange Segments, Sunflower Seeds & Walnuts with an Orange Vinaigrette
- Kung Fu Panda 5 spice Tofu Salad \$180
   Lettuce, Cucumbers, Noodles, Bean Sprouts, Crispy Tofu, Crispy Szechuan
   Vegetables, Sesame Seeds & Sweet Chili Dressing
- Mirchi Masala Grilled Aubergines & Cauliflower Salad ¢ 180
   Lettuce, Cucumbers, Crispy Cauliflower Florets, Grilled Aubergines, Chickpeas,
   Onions, Tomatoes, Chili Relish, with a Lemon & Herb Dressing
- Santorini Halloumi & Herb Salad ¢ 180
   Lettuce, Cucumbers, Tomatoes, Chickpeas, Peppers, Onions, Olives & Crispy
   Halloumi Cheese with Pita Croutons, Topped with a Fresh Mint & Olive Oil Dressing
- Merengue Mango & Avocado Salad ¢180
   Lettuce, Cucumbers, Tomatoes, Diced Mangoes, Diced Avocados, Radish, Onions, with a Sweet Chili and Lime Dressing
- Carnivale Roasted Pumpkin & Pine Nut Salad ¢ 180
   Lettuce, Grilled Tomatoes, Warm Spiced Pumpkin Cubes, Pine Nuts and Parmesan Cheese, Dressed with a Silky Roasted Garlic Vinaignette
- Aromatherapy Aromatic Couscous Salad ¢ 180
   Lettuce and Cucumbers, Topped with Aromatic Couscous, Aubergines, Tomatoes,
   Caramelized Onions, and Pine Nuts, Drizzled with Olive Oil, & Sprinkled with Fresh Herbs
- Green Goddess Greek Salad ¢ 180
   Lettuce, Cucumbers, Tomatoes, Onions, Olives & Feta Cheese, Garnished with Oregano & Fresh Herbs, dressed with a Mediterranean Vinaigrette
- Olympus Aubergine & Feta Salad \$\psi\$ 180
   Lettuce, Cucumbers, Grilled Vegetables (Aubergines, Courgettes, Tomato Wedges,
   Onions and Bell Peppers), Crumbly Feta Cheese & Fresh Herbs with a Red Wine Vinaigrette
- Tuscan Sun Aubergine & Mozzarella Salad ¢ 180
   Melting Mozzarella Wrapped in Warm, Grilled Aubergine Slices,
   Mixed Greens, Cucumbers, Tomatoes & Pine Nuts, Dressed with a Silky Garlic Vinaigrette
- Tofu San Crispy Tofu & Ginger Salad \$180
   Lettuce, Cucumbers, Carrots, Crispy Tofu with Szechuan Chili Sauce, Pickled Ginger & Cashew Nuts
- Mandarine Tofu & Crispy Noodle Salad ¢ 180
   Lettuce, Sliced Cucumbers, Grilled Aubergines, Crunchy Bean Sprouts, Crispy
   Tofu, Crispy Noodles, Fresh Herbs Doused in a Sweet Chili & Black Bean Infusion
- Savannah Sweet Potato & Feta Salad \$180
   Lettuce, Cucumbers, Warm Sweet Potatoes, Crumbly Feta Cheese & Spring Onions, with a Coriander and Lemon Dressing
- Au Naturale Fresh Fruit Salad ¢150
   Seasonal Fruits in All their Natural Glory!



# Chicken for the Win

- Gold Coast Chicken & Kelewele Salad ¢ 205
   Lettuce, Cucumbers, Tomatoes, Fried Plantain, Suya
   Chicken Pieces Topped with Sliced Onions and a Light Mayo Dressing
- Shishlicious Chicken Shawarma Salad ¢ 205
   Lettuce, Cucumbers, Tomatoes, Onions, Peppers, Herbs, Crispy
   Chicken Shawarma, Potato Croutons, Almond Slivers & a Maple Tahini Dressing
- Baadshah Chicken Malai Tikka Salad ¢ 205
   Slices of Chicken Marinated in Yogurt & Native Indian Spices, Lettuce,
   Cucumbers, Carrots, Beetroot, Radish & Tomatoes Topped with Pickled Onions
- Grand Canyon Chicken, Bacon & Avocado Salad \$205
   Chicken Slices, Crispy Bacon, Lettuce, Cucumbers, Tomatoes,
   Avocado, Garlic Mushrooms & a Drizzle of Honey Mustard
- Lucky Strike 3 Spice Chicken Salad ¢ 205
   Lettuce, Cucumbers, Sunshine's 3 Spice Chicken, Tomatoes,
   Topped with Crispy Onions and Garlic, Coated in a Mustard Vinaigrette
- Florentina Parmesan Crusted Chicken Salad ¢ 205
   Lettuce, Cucumbers, Tomatoes, Parmesan Crusted Chicken, Golden Matchstick Potatoes, dressed with Basil Vinaigrette
- Crunchy Nuts Fruit & Nut Chicken Salad \$205
   BBQ Chicken Pieces, Tomatoes, Lettuce, Cucumbers, Citrus
   Segments and Cashew Nuts, Drizzled with Honey Mustard Sauce.
- Hong Kong Phooey Szechuan Chicken Salad ¢ 205
   Lettuce, Sweet & Sour Chicken Pieces, Grilled Peppers,
   Cucumber and Onion Salsa, with a Sweet & Sour Dressing
- Athena Mediterranean Chicken Salad ¢ 205
   Lettuce, Cucumbers, Onions, Tomatoes, Peppers, Lemon Chicken, Chickpeas, Olives and Feta Cheese, Pine Nuts, with Sesame and Yogurt Dressing
- A Provence Summer Fruity & Nutty Summer Chicken Salad ¢ 205
   Lettuce, Cucumbers, Roast Chicken, Bacon, Apples, Dried Cranberries,
   Walnuts and Blue Cheese with a Lemon & Mustard Dressing



# Fruits of the Deep Blue Sea

- Club Tropicana Coconut Prawn Salad ¢ 235
   Lettuce, Cucumbers, Tomato Wedges, Grilled Courgettes,
   Peppers, Onions, Crispy Coconut Prawns, Spicy Sweet
   Potato Croutons, with a Creamy Garlic Dressing
- Sicilian Prawn & Squid Salad ¢ 235
   Prawns, Squid, Herb & Parsley Dressing, Lettuce,
   Tomato Wedges, Cucumber & Crispy Onion Rings
- Pattaya Thai Prawn Salad ¢ 235
   Lettuce, Cabbage, Cucumbers, Noodles, Thai Coconut Prawns,
   Crispy Shallots and Garlic, Crushed Peanuts & Red Chilli with
   a Soy & Sesame Dressing
- Calamarry Me Seafood and Mango Salad \$235
   Lettuce, Spicy Prawns, Crispy Calamari, Cucumbers & Spring
   Onions, Diced Mangoes and a Soy & Chili Vinaigrette
- Malay Tiger Prawn Satay Salad ¢ 235
   Lettuce, Cucumbers, Cabbage, Carrots, Bean Sprouts, Crispy
   Noodles, Satay Prawns, Peanuts with an Exotic Peanut Dressing
- Wok In Spicy Prawn Salad \$235
   Lettuce, Cucumbers, Tomatoes, Peppers, Spicy Grilled Prawns
   & Crunchy Tempura Courgettes with a Sweet & Spicy Vinaignette
- Sea Shells Butterfly Prawn & Avocado Salad ¢ 235
   Lettuce, Cucumbers, Tomatoes, Butterfly Prawns, Avocado Slices with a Light Yogurt and Chili Dressing & Crunchy Onions

## **Meat Lovers Selection**

- Bistro Best Steak & Potato Salad ¢ 235
   Sliced Grilled Steak, Lettuce, Cucumbers, Crispy Potatoes,
   Sautéed Onions and Grilled Tomato Wedges,
   and a Mustard Dressing
- Kawasaki Sesame Beef & Noodle Salad ¢ 235
  Slices of Beef, Marinated in Ginger, Chili and Honey, Lettuce,
  Cucumbers, Grilled Aubergines, Sesame Noodles, Garnished
  Crispy Courgette Tempura & Dressed with a Sesame
  Soy Vinaigrette

### Babylon – Lamb Kafta Salad 🕒 🕈 235

reen Beans, Grilled Onions and Peppers, Drizzled with a Lemon and Herb Dressing

Lily & Lotus - Thai Beef Salad - ¢235

Lettuce, Cucumbers, Carrots, Crispy Noodles, Slivers of Grilled Beef, with a Soy & Ginger Dressing



# Wrap It Up

Serves 2 people - choose a side of fries or masala fries

- Suya Luya ¢ 180
   Tender Beef Suya, Lettuce, Onions, Tomatoes and Green Shitor Served in Pita Bread with Yam Chips and Salad
- Santa Fe \$180
   Chicken, Avocado, Lettuce, Spicy Sour Cream and Salsa in Pita Bread
- Cyprus Special \$180
   Grilled Beef, Lettuce, Peppers, Onions, Tomatoes and Garlic Mayo in Pita Bread
- Sunshine Super Star ¢180
   Chicken, Bacon, Avocado, Lettuce and Mayonnaise in Pita Bread
- Aladin \$180
   Falafel, Lettuce, Onions, Tomatoes, Pickles and Tahini in Pita Bread (vegan)
- Arabian Nights \$180
   Lamb Kafta, Lettuce, Onions, Tomatoes and Yogurt in Pita Bread
- Cave Man \$ 180
   Grilled Chicken, Hummus, Lettuce, Onions and Tomatoes in Pita Bread

# **Burger Wonderland**

- The Italian \$ 180
   Crispy Chicken Escalope, Marinara Sauce and Melting Mozzarella Cheese
- The New Yorker \$\psi\$ 180
   Grilled Beef Patty, Onions, Cheese and Pickles
- The West African ¢ 180
   Grilled Chicken, with Kebab Spices & Chili Tomato Dressing
- The Greek ¢ 180
   Grilled Lamb and Feta, with a Creamy Tzatziki Dressing
- The Kokrobite ¢ 180
   Crispy Fish, our In-house Special Local Stew served with Crunchy Yam Chips and Salad
- The English \$180
   Crispy Fish and Tartar Sauce
- The Mexican ¢ 180
   Mixed Bean patty, Guacamole and Served with Spicy Fries and Salsa (vegan)

- Catch Up ¢ 180
   Fish & Chips, Lettuce, Onions, Tartar Sauce and Tomatoes in Pita Bread
- Benaresi \$ 180
   Spiced Potatoes & Aubergine, Onions, Tomatoes & Coconut Chutney in Tortilla (vegan)
- Taj Mahal ¢ 180
   Diced, Spicy, Tender Lamb, Masala Omelet and Diced Onions with Herb Chutney in Roti
- Kashmiri ¢ 180
   Spicy Chicken Tikka Pieces, a Masala Omelet,
   Chopped Onions, Tomatoes, and Herb Chutney in Roti
- Maharani \$180
   Paneer Cheese, Creamy Yogurt and Masalas,
   Onions and Herb Chutney in Roti
- Masala Chicken Frankie ¢ 180
   Spicy Chicken, Masala Omelette, Curry Cabbage and Cheese in Roti



# Sandwich Specials

Served with chips and salad

Cubano - ¢180
 Pulled Pork, Ham Slices, Cheese, Mustard and Mayo

King and Crown - ¢ 180
 Lettuce, Sliced Turkey, Bacon, Avocado and Cranberry Mayo

QEII - ¢ 180
 Lettuce, Capers, Smoked Salmon and Cream Cheese

Club Class - \$ 180
 Shredded Chicken, Mayo, Lettuce, Eggs, Onions, Tomatoes & Ham

Café de Paris - ¢ 180
 Ham & Cheese Grilled Sandwich

Veg Club - ¢ 180
 Cabbage, Carrot, Cucumber, Tomatoes, Cream Cheese

Venetian - ¢ 180
 Grilled Aubergine, Mozzarella and Pesto

Lean On Me - ¢ 180
 Sliced Turkey, Light Mayo, Tomato & Lettuce

Stake Out - \$180
 Steak, Cheese & Caramelized Onions

Buffalo's Best - ¢ 180
 Cajun Chicken, Crispy Bacon, Hot Sauce & Creamy Blue Cheese

Aloo Gobi - \$ 180
 Curried Potato, Cauliflower & Green Chutney





# **Hot Specials**

choose between steamed rice, fried rice, vegetable rice, sauteed potatoes, steamed veg

### Lemon Butter Sauce

A Creamy Sauce for Seafood made with Lemon, Butter Herbs Fish - \$ 220 Prawns - \$240

### Sweet Chili Sauce

Tangy, Spicy & Sweet - Asian Inspired Sauce Chicken - ¢210 Fish - ¢225 Prawns - ¢240

## Hot Madras Curry

Indian Spices in a Classic Brown Gravy
Chicken - \$\psi 210 \quad \text{Fish} - \psi 225 \quad \text{Prawns} - \psi 40 \quad \text{Veg} - \psi 180

## Mild Curry

Yellow Indian Curry Sauce Chicken - \$210 Fish - \$225 Prawns - \$240 Veg - \$180

### Tikka Masala

An Internationally Famous Curry Sauce
Chicken - ¢210 Fish - ¢220 Prawns - ¢240 Veg - ¢180

### Tandoori Grilled Chicken

Punjab's Most Popular Grilled Meat - \$210

#### Harissa Grilled

Garlic, Ginger & Kpakpo Shitor, Blended & Brushed Before Grilling Chicken - \$175 Fish - \$185 Prawns - \$200

### Masala Fried

Crunchy & Crispy, Coated in In-House Special Batter Chicken - \$\psi 210 \quad \text{Fish} - \psi 225

### Akosombo Chicken Special

Crispy Chicken Pieces with Avocado, Salad, Cassava Chips & Peanut Stew - \$225

### Biryani

India's Classic Rice Dish Served with Raita & Papadum Chicken - \$210 Fish - \$225 Prawns - \$240 Veg - \$180

### Curry Goat with coconut rice

Jamaican inspired Goat Stew - \$240

#### Fried Rice

Choose between chicken, vegetable or egg fried rice – \$130



# The Beverage Menu

juicy boosts, body cleansers & pick me ups all juices are blended fresh

- Pure Tropical Blend \$ 35
   Pineapple, Mango, Pawpaw & Watermelon
- Creamy Delight \$4
   Fresh Fruit & Yogurt
- Very Green Lean Machine ¢ 35
   Lettuce, Mint, Cumin & Lemon
- Beauty & the Beets ¢ 35
   Beetroot, Orange & Carrots
- Citrus Burst ¢ 35
   Orange, Pineapple & Lemon
- Mango Tango ¢ 35
   Mango, Pineapple & Lemon
- Summer Melon Breeze \$ 35
   Watermelon, Cantaloupe & Mint
- Cool as a Cucumber ¢ 35
   Cucumber & Mint
- Apple Carrot Zinger ¢ 35
   Apple, Carrot & Ginger
- Mangolicious \$ 35
   Mango, Apple, Orange & Lemon
- Garden Gingerale ¢ 35
   Apple, Cucumber, Lemon, Ginger
- Six pack of Veg ¢ 35
   Lettuce, Carrot, Cucumber, Lemon, Mint & Tomato

- Heart Beets ¢ 35
   Beetroot, Carrot, & Pineapple
- Choice of Lassi ¢ 35
   Mango Pineapple, Pawpaw, Sweet & Salty Masala
- Vita Boost ¢ 35
   Carrot, Pineapple, Raisins, Ginger, Turmeric & Lemon
- Vegan Peanut Colada ¢ 35
   Peanut Butter, Banana, Maple Syrup, Almond Milk & Dates
- Orange Sunrise ¢ 35
   Mango, Banana, Orange, Apple
- Summer Blend ¢ 35
   Cucumber, Apple, Pineapple, Ginger, Lemon & Mint
- Apple Pie ¢ 35
   Apple, Banana, Cinnamom, Almond Milk, Vanilla, & Honey
- Fresh Orange Juice ¢ 35
- Ice Coffee ¢ 35
- Ice Tea ¢ 35
- Green Ice Tea ¢ 35
- Fruit Ice tea ¢ 35



## Cold Drinks

- Coke -¢ 20
- Fanta ¢ 20
- Sprite ¢ 20
- Malt ¢ 20
- Alvaro ¢ 15
- Diet Coke ¢ 30
- Soda / Tonic ¢ 20
- Small Water -¢ 10
- Large Water ¢20
- San Pellegrino Sparkling Water ¢ 55
- Belaqua Sparkling Water \$ 30

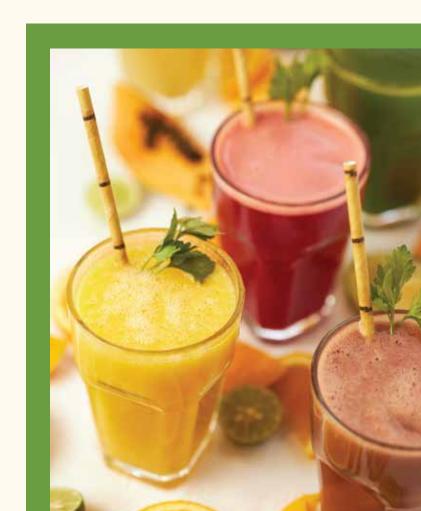
## Hot Drinks

- Nescafe ¢ 20
- Filter Coffee -¢ 25
- Herbal Tea ¢ 20
- Specialty Teas ¢ 20
- Lipton Tea ¢ 20
- Chai ¢ 55
- Capuccino ¢ 45
- Americano ¢ 35
- Machiato -¢ 35
- Espresso ¢ 25
- Café Latte ¢45

## Beers & Stouts

- Star Beer
   Mini -¢ 30
   Large ¢ 45
- Club Beer
   Mini -¢ 30
   Large -¢ 45
- Guinness ¢ 30
- Heineken -¢ 40
- Savannah Dry ¢ 35
- Smirnoff Ice ¢ 35
- House WineGlass \$40Bottle \$180









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Here at sunshine,
We value what you eat. In a
world with so many fast food
choices, we lose sight of what it
really means to have a meal. We
are here to remind you of this
simple pleasure of life.

Thank you for choosing us